

Want to learn how to belly dance? Here is your chance to learn from the best!

Amira of Las Vegas

(originally from Estonia)

Belly Dance 101 Workshop

(for beginners)

243 East 34th Street ☘ New York, NY 10016
in the main hall ☘ Friday, September 21, 2007 ☘ 8-10 p.m.

Raffle surprise for participants!!!



Open bazaar
with
bellydance
related
merchandise!
Please bring
your regular
gym clothes,
bare feet or
socks!

**Cost \$25 per person,
\$20 for children 16 and under
Pre-registration
is highly recommended!**

Make your checks out to Belly
Productions LLC and send to
Merike Pärtel
243 East 34th Street,
New York, NY, 10016

or via paypal to
admin@amirasbelly.com

Contact info:
Merike Partel,
Office: 212 684 0336

Questions about the workshop?
Please email Amira at
amira@amirasbelly.com
or call 702-338-9479

Belly dance is a 5000 year old dance form that was created by women for women, and was part of the birth related and fertility rituals. Today it is quickly becoming one of the most popular ways to exercise, lose weight and stay in shape. Suitable for all women of any age, shape or size, this beautiful art form has numerous therapeutic effects and is gentle on joints while magically toning the muscles. Come nurture the Goddess within you!

Learn more about Amira at **www.amirasbelly.com**